



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



Vernice "FlyGirl" Armour

Travels from: Washington D.C.

Fee Range: \$20,001 - \$40,000

Known simply as "FlyGirl," Vernice Armour ignites her audiences with a dynamic spark that can't be extinguished. Soar through the execution of any plan by harnessing the power of a "Breakthrough Mentality" mindset! From the moment she leaps into the audience, she shows attendees how to go from "Zero to Breakthrough" and create a personal flight plan utilizing her candid strategies to help win on the battlefield of life!

Leveraging her "Breakthrough Mentality" mindset, she propelled herself from beat cop to combat pilot in a record-breaking three years and became the United States Marine Corps' first African American female pilot and, shortly after, was recognized as America's First African American Female Combat pilot by the Department of Defense. Upon completion of two tours in Iraq and leaving the military, Vernice launched VAI Consulting and Training, LLC. By applying the Zero to Breakthrough™ Success Model to her own company, Vernice produced over six-figures in revenue within the first 12 months! Her passion is helping others create similar results.

Vernice ultimately impacts organizations and individuals with an understanding of the passion and leadership required to excel. Through her keynotes, executive and group coaching, seminars and executive retreats, Vernice conveys messages of Zero to Breakthrough™ through her unique insight and life strategy: "You HAVE permission to engage!" Vernice travels extensively in order to create a global movement based on the Breakthrough Mentality mindset. In order for us to change the current conditions we are going to need to think and execute differently. We are going to need leaders to step up and lead. Our society and global community needs people to take personal responsibility and accountability. We win or lose together. One Mission, One Goal, One Team™.

Her signature book, *Zero to Breakthrough™* (Penguin 2011) chronicles the process she utilized to transition from beat cop to America's First African American Female Combat Pilot. Vernice has two honorary doctorates, been featured extensively in the media and is a member of the COMCAST/NBCUniversal Joint Diversity Council. She has also received awards as a pioneering pilot, to include her commanding role in Science, Technology, Engineering and Mathematics (STEM). She was the Marine Corps' first African American Female pilot, first African American woman on the Nashville Police Department's motorcycle squad, Camp Pendleton's 2001 Female Athlete of the Year, two-time titleholder in Camp Pendleton's annual Strongest Warrior Competition, and a running back for the San Diego Sunfire women's professional football team.

Most Requested Programs...

- Cleared Hot! - You HAVE Permission to Engage!
- Who Needs A Runway?!? : How To Take Off From Where You Are And Go From Zero to Breakthrough!
- Zero To Breakthrough™: A Breakthrough Mentality Creates A Breakthrough Life!
- Driving Diversity Deep into the DNA of Your Organization! : One Mission, One Goal, One Team!