



CAPITOL CITY SPEAKERS BUREAU

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Shannon Miller

Travels from: Florida

Fee Range: \$10,001 - \$15,000

Shannon Miller remains the most decorated gymnast in American history. She is the only American to rank among the Top 10 All-Time gymnasts and is the only female athlete to be inducted into the US Olympic Hall of Fame - Twice! (Individual (2006) and Team (2008))

Shannon has won an astounding 59 International and 49 National competition medals. Over half of these have been gold. She is the only U.S. gymnast to win two World All-Around titles, and she is the first American female to medal in the individual all-around of a non-boycotted Olympics.

Her tally of five medals (two silver, three bronze) at the 1992 Olympics was the most medals won by a U.S. athlete in any sport. At the '96 Games, she led the "Magnificent Seven" to the U.S. Women's first ever team gold, and for the first time for any American gymnast, she captured gold on the balance beam. She is the first American gymnast to win an individual gold medal at a fully-attended Summer Games and cemented her place as the most accomplished gymnast, male or female, in U.S. Olympic history.

After retiring from Olympic competition, Miller received her undergraduate degrees in marketing and entrepreneurship from the University of Houston and her law degree from Boston College. She then moved from Olympic athlete to advocate for the health and wellness of women and children.

Shannon launched her company Shannon Miller Lifestyle: Health and Fitness for Women, along with her series of fitness books, DVDs and a content-based website in July 2010. With programs, partnerships and articles, Shannon seeks to empower women to make their health a priority through education and awareness.

In January 2011, Shannon was diagnosed with a rare form of ovarian cancer. She had the baseball size tumor removed successfully and followed up with 9 weeks of aggressive chemotherapy. Shannon is now cancer-free and remains open and public about her diagnosis and treatment.

Staying busy keeps Shannon motivated. Currently, she continues to travel the country as a motivational speaker, and update three YouTube series dedicated to motivation, fitness and gymnastics. She has also partnered with several gymnastics-related companies and developed her own line of leotards with Alpha Factor, trophies and medals with A-1 Awards and specialized mats and gymnastics equipment with Mancino Mats.



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Shannon Miller continued...

Shannon is also a spokesperson and/or ambassador for a number of companies including Juice Plus, Washington National, Tom Bush Family of Dealerships and the National Obesity Foundation. In addition she has recently released her new book *It's Not About Perfect: Competing for My Country and Fighting for My Life* published by Thomas Dunne Books. Involvement with the sport of gymnastics and the Olympic movement is important to Shannon. She stays on top of what is happening in the sport and participates in various projects, and has provided analysis and commentary. In 2012, Shannon worked as an expert commentator with Yahoo! Sports and as a commentator for Men's and Women's Artistic Gymnastics with various networks including NBCOlympics.com.

Most Requested Programs...

- The Gold Medal Mindset
- Gold Medal Advice to a Fit and Healthy Lifestyle
- Competing with Cancer
- It's Not About Perfect