



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



Mitch Gaylord

Travels from: Texas

Fee Range: \$10,001 - \$15,000

Mitch Gaylord first thrilled the world in 1984 when he led the United States Olympic gymnastics team to its Gold Medal victory. In addition to being the first American Gymnast in history to score a Perfect "10," Mitch went on to capture a Silver medal for Vaulting and two Bronze medals for Rings and Parallel Bars. As the number one ranked gymnast in 1983 and 1984, Mitch invented two skills now named internationally after him. To this day, the Gaylord Flip and the Gaylord Two are considered among the most difficult and spectacular feats in gymnastics.

After the Olympics, Mitch was appointed to the President's Council for Physical Fitness by President Ronald Reagan and was asked to return for a second term under President George H.W. Bush. During this time, he fulfilled numerous speaking engagements, endorsements and appearances across the country. In 1986, Mitch made his acting debut in Columbia Pictures' *American Anthem* and went on to appear in several commercial advertisements including Diet Coke, Nike, Vidal Sassoon, Soloflex, Levi's and Texaco to name a few.

Mitch Gaylord has been motivating and inspiring audiences worldwide for over 30 years, speaking to Fortune 500 Companies, associations and students across the country. His personal mission is to inspire others to greatness through his presentations and products.

In 1995, he was inducted into UCLA's Hall of Fame and in 2006, he was inducted into the US Olympic Hall of Fame. Mitch has served as a journalist/broadcaster for FOX Sports during the Atlanta Olympics and anchored the 2009 Maccabiah Games in Israel with JLTV. He has also served as a Celebrity Judge on NBC's "Celebrity Circus."

As a motivational speaker and fitness expert, Mitch was asked to endorse several fitness products for the DRTV market including Suzanne Somers' "Torso Track" and "Body Row" as well as "OrbiTrek Platinum" for Thane International.

Mitch resides in Fort Worth, Texas with his beautiful wife, Valentina and is a dedicated Husband and Father to their children.

Most Requested Programs...

- Raising the Bar
- FOCUS: The Mindset of Excellence
- Embrace Your Greatness: How to Ignite the Fire Inside
- Melt it OFF With Mitch