



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



Kathy Dempsey, CSP

Travels from: Arizona

Fee Range: \$ 7,501 - \$10,000

Kathy B. Dempsey, President of Keep Shedding! Inc., is an award winning author, keynote speaker and recognized change expert.

Kathy ignites organizations to SHED for Success by infusing them with timely change management tools, innovative employee engagement strategies and accelerated methods for building traction and accountability.

As a former hospital executive, she strategically led Memorial Health Care System's organizational development efforts to become one of top 100 hospitals in America. Her most popular book, *Shed or You're Dead®: 31 Unconventional Strategies for Growth and Change*, is the recipient of a Writer's Digest International Book Award.

Her 'signature story' is her transformation as an ER/trauma nurse who became the first health care worker in America to be diagnosed positive for AIDS as a result of workplace exposure. She received national attention as a result of this life-altering hospital-based event that 'made her a poster child' for the Center for Disease Control (CDC). The diagnosis, a death sentence in the mid-80s, was confirmed with multiple positive tests. Months later, all tests returned negative. A miracle or medical error? No one is able to explain. The 3 months that Kathy lived with that traumatic diagnosis was a life-altering experience.

Kathy has inspired thousands of people to SHED in places around the world including Europe, Canada, Africa, Mexico and across the United States.

Her presentations reach far beyond that experience, to build a touchstone with each member of the audience. Her dramatic account provides focus, inspiration and practical tools for people to lead and master change in their personal and professional lives.

Most Requested Programs...

- Shed or You're Dead® - How to Stay Alive & Thrive in the Midst of Turbulent Change
- Who Killed Communication