



CAPITOL CITY SPEAKERS BUREAU

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Dr. Julie Bell

Travels from: **Texas**

Fee Range: **\$7,501 - \$10,000**

Julie Bell, Ph.D. is the founder and President of The Mind of a Champion, a coaching firm in Dallas, TX. The Mind of a Champion (MOC) is focused on working with organizations that seek to improve their Performance Intelligence™ a concept she developed to help individuals and teams deliver their best performance when it matters most. Performance Intelligence is made up of five attributes – Confidence, Focus, Self-Discipline, Competitiveness and a Winning Game Plan – that have broad applications throughout corporate America.

Dr. Julie received her Bachelor's degree in Psychology from Oklahoma State University and a Master's and Doctorate of Sport Psychology from the University of Virginia where she studied under Dr. Bob Rotella. Dr. Julie and the MOC team have worked with teams and individuals across the country to improve personal performance and make an impact on the entire organization.

Dr. Julie Bell lives in Dallas, TX with her husband and three children.

Most Requested Programs...

- The Mind of a Champion