



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



Jay Hewitt

Travels from: South Carolina

Fee Range: \$5,001 - \$7,500

Jay Hewitt will get you to your Finish Line. An elite Ironman triathlete, Jay is the only person with Type 1 diabetes to race for the U.S. National Triathlon Team. He balanced years of grueling physical triathlon training, racing and world travel, managing his blood sugar and hourly insulin dosage, and maintaining a demanding full-time law practice.

In 2004, he began public speaking while racing and practicing law. After numerous engagements and repeated requests, he followed his passion and launched a full-time professional speaking career in 2011. His balance of work, life and pursuit of goals has taken remarkable focus and discipline, converting physical and mental challenges into motivation for success. That is exactly the message he shares with rapt audiences all over the world. Jay's principles translate perfectly into life as well as business, inspiring improvement in everyone—from leadership and management to everyday employees, from athletes and non-athletes to students and adults.

The Ironman triathlon is the world's most grueling athletic event—a 2.4-mile swim, a 112-mile bike race and a 26.2-mile marathon run—racing 140 miles in a single day. Jay is a three-time member of the U.S. National Team for Long Distance Triathlon, having raced for Team USA at the World Championships in 2004, 2005 and 2006 in Denmark, Sweden and Australia. He's competed in 14 Ironman triathlons, 20 half-Ironman triathlons and 8 individual marathons, and is a three-time finisher of the Boston Marathon. In 2006, he and his teammates won the 3,000-mile Race Across America, cycling nonstop from San Diego to Atlantic City in 5 days and 16 hours.

Since 1993, Jay has practiced law in Greenville, SC as a partner in both a large 200-lawyer corporate law firm and then starting his own small boutique firm specializing in business, sports and entertainment law. He has negotiated multimillion-dollar business agreements and handled all aspects of complex business litigation, product liability, settlements, trials and appeals. He has been lead trial counsel for several Fortune 500 companies and argued appeals before the Supreme Court of South Carolina and the U.S. Court of Appeals. In over 20 years as an attorney, Jay has lived the challenges facing large corporations and small business while maintaining a healthy work-life balance.

Jay has been featured on the cover of Diabetes Health, Diabetes Forecast and many other national publications. He has also been the focus of television documentaries on networks such as CNBC, WGN and Lifetime. A board member for several health-related organizations, Jay is the author of Finish Line Vision®, which chronicles his remarkable journey and approach to life. He and his beautiful wife Anna, a model and Miss South Carolina USA, have 3 children.

Most Requested Programs...

- Finish Line Vision®