



# CAPITOL CITY SPEAKERS BUREAU

*We help you thrill your audience!*

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## Janet Evans

*Travels from:* California

*Fee Range:* \$10,001 - \$15,000

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Janet Evans, Olympic gold medalist, defied the odds when she beat competitors with her small stature and unorthodox windmill stroke. This natural-born swimmer competed against athletes who were bigger and stronger, and even some of whom had taken performance-enhancing drugs.

An avid swimmer since the age of two, Janet broke the world record in the 400 meter, 800 meter, and the 1,500 meter freestyle when she was just 15 years old. She went on to compete in the 1988 Seoul Olympics and the 1992

Barcelona Olympics, bringing home both gold and silver medals.

Janet has also made great strides out of the pool, making a name for herself as a commercial spokesperson, author, and reality television personality. Published in 2007, her popular book *Total Swimming* offers fitness programs, workouts, and proper swim techniques to readers.

As a mother, highly respected motivational speaker, athlete, and author, Janet always puts forth her greatest effort and succeeds in whatever she puts her mind to. An inspiration to a wide range of audiences, Janet Evans remains a legendary athlete of her generation.

### *Most Requested Programs...*

- Leadership Through Goal Attainment
- Peak Performance
- Team Building and Excellence
- What To Do When You Are #1
- Goals Are Not Dreams, Dreams Are!