



# CAPITOL CITY SPEAKERS BUREAU

*We help you thrill your audience!*

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## Jana Stanfield, CSP

*Travels from:* Colorado

*Fee Range:* \$7,501 - \$10,000

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Combining her background as a television reporter with her talent as a songwriter, musician and humorist, Jana is a one-of-a-kind keynote speaker. She's shared stages with stars ranging from Kenny Loggins to The Dixie Chicks and received standing ovations on world-famous stages from Nashville's Grand Ole Opry, all the way to New York's Carnegie Hall.

She delivers the much-needed gift of learning through laughter and music, encouraging, appreciating and energizing her audiences. Known as "The Queen of Heavy Mental," Jana describes her music as "psychotherapy you can dance to." With songs like, "I'm Not Lost, I'm Exploring," "Woman of 33 (and up!)," "Nothin' I Can Do About It Now," and "If I Were Brave," Jana's music reaches into the hearts of women and gives them a psychic boost – all of the benefits of Prozac without the water retention!

When Jana couldn't get a record company to support her dream of making "music with meaning" she did the next best thing. She started her own record company, known today as Relatively Famous Records. The business she started on her dining room table is now one of the most successful businesses of its kind.

Jana is probably one of the most personable speakers you will ever meet and is a meeting planner's total partner in maximizing and leveraging their event. Upbeat and unforgettable, Jana's wisdom, humor and memorable music will send participants back to their homes and workplaces refreshed, renewed, and recommitted.

### *Most Requested Programs...*

- The Best Way to Stress Less is to Laugh 'Til You Leak (also known as "Laugh More, Stress Less")
- I'm Not Lost, I'm Exploring: A Global Adventurer's Guide to Change
- What Would I Do Today If I Were Brave?