



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



David Mainz, MS, RD, FADA, CSP

Travels from: Florida

Fee Range: \$5,001 - \$7,500

David L. Mainz, MS, RD, FADA, CSP specializes in consultations and workshops that enable people to improve their health. He presents information from his book *Survival of the Fittest* internationally to businesses and associations. He informs audiences of the truth about cholesterol, long-term weight control, food and fitness.

Meinz earned a Master's Degree (MS) in Human Nutrition in 1981. He is also a Registered Dietitian (RD) and Fellow in the American Dietetic Association (FADA), an honor held by less than 1% of all dietitians. He has also earned the Certified Speaking Professional (CSP) designation in the National Speakers Association.

Meinz has been a consultant and professional speaker since 1991. He has taught at Norfolk State University and Hampton University, worked in human nutrition research through the University of Missouri, practiced hospital clinical dietetics and was director of a hospital health promotion program.

Most Requested Programs...

- Energize Your Life!
- How to Have A Hundred Healthy Birthdays
- Healthy Sales
- Executive Health