



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



Courtney Clark

Travels from: Texas

Fee Range: \$5,001 - \$7,500

Courtney works with organizations that need teams who can succeed during stress and change without burning out, lashing out, or giving up. She provides content-based motivation that helps individuals adapt faster, achieve more, and develop Accelerated Resilience. In today's busy world, you have to bounce back quickly. You need Accelerated Resilience.

Cancer saved Courtney's life. She has done the research and she's lived it: she knows that resilience in the face of major stress is possible, and I know how to get it done. Audience members who hear her presentations say my strategies make it easier to manage change, cope with anxiety, bounce back, let go of "the plan," and get clarity when life, love, or work throw you a curveball.

When she's not on stage working with one of her incredible clients as a motivational speaker, Courtney is serving her community. In fact, her research shows that giving back to others is the single best way to get perspective on our own struggles, so she volunteer as the President of the Austin chapter of the National Speakers Association, and serves on several nonprofit boards. She received her Master's Degree in Philanthropy from Saint Mary's University of Minnesota.

Most Requested Programs...

- Detour: Winning When Life Doesn't Go According to Plan
- Watch Where You're Going! A New Map to Resilience
- The Art of Accelerated Resilience: Adapt Faster and Achieve More
- Be on Fire, Not Burned Out: Strategies for Engagement and Enjoyment in a Challenging Environment