



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



Bobbie Staten, RN, MPH, CSP

Travels from: North Carolina

Fee Range: \$5,001 - \$7,500

Bobbie Staten is a funny, funny lady. She is a rare talent with spontaneous, creative, contagious humor. She delivers clean, original material that leaves the participants laughing, thinking, reflecting, and growing. Her timing is superb; her message upbeat; her style entertaining.

Bobbie's background as a nurse and business entrepreneur allowed her to see firsthand the pain, stress and frustration that so many people experience at home and work. Her message reflects a universal theme as old as time, yet fresh and relevant for today's hectic lifestyle. When you have your health, family and priorities balanced, life just seems to fall into place. For the few times when it doesn't - laugh!

Learn to use laughter to let out little puffs of pain.

Bobbie is a nationally recognized professional speaker. She speaks over 90 times a year at association and business meetings. She has earned the Certified Speaking Professional credential of the National Speakers Association. She holds a Bachelor of Science in Nursing and a Master of Public Health from The University of North Carolina at Chapel Hill. She has been a member of the American Nurses Association and the Scholastic Honor Society of Nursing, Sigma Theta Tau.

Bobbie Staten bases her presentations on a paradoxical foundation: graduate health degrees combined with a healthy and sometimes irreverent sense of humor about people and the lives they lead. In her witty way, she manages to have audiences laugh through topics of wellness, happiness, life and stress management, customer service and people skills. Bobbie's topics are a result of her personal battle with life, health and finding happiness. For years Bobbie felt unfulfilled, working in positions that didn't especially match her talents or natural tendencies. She was unhappy and it showed. She talks of turning life around; having the courage to take responsibility for finding one's own happiness.

Once a chronic dieter (the rhythm method of girth control), and an ex-two-pack-a-day smoker, she understands how hard it is to make lifestyle changes. However, firsthand knowledge provides her with a special insight that helps audiences find the courage to take the plunge! Bobbie's health philosophy is based on each individual's responsibility for self-care, guided by - but not controlled by - health care professionals.

Bobbie has a message ... one of finding balance in life. The message is simple and as old as time...If you have your health and your family, you just about have it all. So lighten up. Take your work, but not yourself, so seriously!

Most Requested Programs...

- Batteries Not Included
- Why They Make You Crazy
- Ten Tickets to Success
- Sure, Like I've Got All Day