

CAPITOL CITY SPEAKERS BUREAU

2014 Showcase Featured Speakers



Dr. Julie Bell

The Mind of a Champion

What makes athletes excel? Speed, strength and fitness are all true, but the key to sustaining top performance is the mind of a champion. Dr. Julie Bell takes the principles of Sports Psychology and applies them to top performance in business. You will learn to recognize thinking, refocus thinking and learn to create new routines in thinking known as "habits of the mind." Thoughts lead to actions and actions lead to results.

Kevin Brown

The Hero Effect: Making a Difference When It Matters the Most!

In a fresh and entertaining style, Kevin shares ideas, strategies and principles that will inspire and equip participants to show up every day and make a positive difference. At the heart of Kevin's message is a simple, yet powerful philosophy for life that drives every thought, every action and ultimately every result we achieve both personally and professionally. Your team will be motivated to reach beyond what is required and do something remarkable!



Marty Grunder

5 Steps to Becoming a Better Leader NOW!

In today's world of sophisticated technology, management techniques and other forms of business analysis dreamt up at think tanks around the world, we often lose sight of the simple, basic strategies that we need to employ to win at the game of business. Now, more than ever, it's time to focus on the basics. As an entrepreneur for over 25 years, Marty believes things can and will get better, but only if we think things will get better. He presents five steps you can take to become a better leader right now.

Richard Hadden, CSP

Contented Cows Give Better Milk: Your People...Your Profit

Proving what dairy farmers have known for centuries, that "contented cows give better milk," this program brings to life what the biggest winners in the world of business do to create a focused, engaged and capably led workforce, for the purpose of building up the bottom line. In this highly entertaining and practical program, Richard teaches leaders specific, actionable items any leader can implement to transform his or her workforce into a vibrant competitive weapon.



Rex Havens

One Big Happy Family: Building Better Company Families One Laugh At a Time

Rex's program is an hysterical analysis of the ways we miscommunicate at work and what we should all do to maximize the possibilities of our professional relationships. Simply put, "One Big Happy Family" is the most entertaining communication and teambuilding seminar you will ever see. You'll laugh like never before and come away with ideas and strategies which will make all of your relationships - professional and personal - stronger than they've ever been.

James Lloyd

There You Are!

What began as a strategy simply for greeting others has become James' mantra for living with purpose. He recommends this powerful strategy for greeting others (calls, skype, e-mails, face-to-face), motivating employees to be fully engaged, nurturing relationships with family and friends as well as effective social media communication. During this powerful, interactive training or keynote experience, James reveals how even our most brief interactions can affect our relationships, productivity, health and longevity.



Pat McGann

Bringing the Funny

Fresh off his appearance on The Late Show with David Letterman, Pat McGann is bringing the funny. Pat's autobiographical act is both hysterical and relatable. While his stand up act is always enjoyable, it is the many other layers of his act that help make him a unique performer. As the House MC at Zanies Comedy Club in Chicago for several years, Pat became a masterful host. Now as a national headlining and corporate comedian, he uses all of his skills to tailor each show to the specific crowd on hand.

CAPITOL CITY SPEAKERS BUREAU

2014 Showcase Featured Speakers

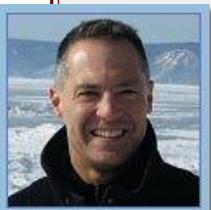


Karl Mecklenburg ***Six Keys to Success***

Change is inevitable but there are Six Keys to Success that don't change. These are universal unchanging keys that apply on the football field, in your personal life and with your business. The Six Keys to Success are Teamwork, Courage, Dedication, Desire, Honesty and Forgiveness, and Goal Setting. Presented with humor and great story telling style, Karl's program challenges and inspires the audience to the relentless pursuit of extravagant desires. (Karl personalizes this program for your team's needs.)

Lyndy Phillips ***Laugh More. Stress Less***

Nothing reduces stress, wakes up the mind and heals the body more than laughing. It raises the energy level and clears the mind. This program will not only relieve your stress immediately with laughter, Lyndy will also teach you where stress comes from, how to know when you're overstressed, what "stress downshifting" does to your thinking, ways to reduce stress and ways laughter heals the body. As with all of his presentations, Lyndy customizes to your group and involves them in the fun.



"Antarctic" Mike Pierce ***Leading at 90 Below Zero***

What is unique about Mike's program is how the concepts of leadership and engagement are delivered. Mike is an avid fan of polar expedition history and is an endurance athlete. In 2006, he became one of 9 people to run the first ever Antarctic Ice Marathon and a year later became the first American to run the Antarctic 100k, a grueling 62 miles on an ice shelf 600 miles from the South Pole. He uses stories from Antarctic expeditions, as well as his own personal adventures, to showcase the points of the program.

Chad Pregracke ***Helping to Clean America's Rivers: Leading From the Bottom***

As the founder of America's only "industrial strength" river clean-up organization, Chad tells a compelling and funny story about growing up on the river and how his experiences led to his unique vision to clean up the Mississippi River. His delivery is captivating and refreshingly spontaneous. From the darkness of underwater shell-diving to the brightness of open-air community clean-ups, his tale embodies the importance of setting goals and illustrates how determination hard-work and persistence pays off.



Marilyn Sherman ***Stretching your Comfort Zone and Living Life in the Front-Row!***

Too many people allow fear and negativity to keep them living and working somewhere in general admission, or even in the balcony of their lives. It's time to bust out of a comfort zone and live life in the front-row! Marilyn has spent the last 20 years inspiring corporate, association and government audiences to shift their mindsets from entitlement to gratitude. People walk away with tools to have a more positive attitude and set goals for greater achievement in their professional and personal lives.

Kelly Swanson ***Living Out Loud***

Finding the humor to laugh at stress, the courage to take risks, and the passion to write a new ending. Kelly presents a sampler of what she does and how she does it. You'll drop into her town and meet some of her characters, experience her storytelling, see how she motivates, get a feel for her energy, humor and stage presence, and get a general idea of her philosophy on life and business. This will be just the dose of humor and hope you need - and will give you a good idea of how Kelly's style will fit your group.



Jason Young ***Culturetopia: Creating the Ultimate High-Performance Organization***

An introduction to Jason's innovative perspective on how to create and sustain a culture of care and accountability where people can do their best work. He shows how companies can create culture that will produce the desired performance outcomes in productivity, profitability, employee retention and customer satisfaction. In this presentation, he provides practical, easy to implement guidance to the key determinants that make a healthy, productive and profitable culture of any team or organization.